Türkiye

NAR TEA

Fruit preparation • 1 adult serving

WATER	BREW	SERVE
See preparation	See preparation	Warm

INGREDIENTS

unsweetened pomegranate juice 90 mL

hot drinking water 150 mL



Botanical, grain or fruit drink

Illustrative cup image

PREPARATION

1 Mix juice with hot water and serve warm. This is a simple fruit preparation inspired by the regional drink.

NUTRITION NOTE

Sweetened ingredients can contribute sugars. The amount depends on the product and serving.

CAFFEINE & ALLERGENS

Botanical, grain or fruit drink. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source

MenuNio Aarti Serai
A Meal To Look Forward To