South Africa

HONEYBUSH

Botanical infusion • 1 adult serving

WATER	BREW	SERVE
See preparation	See preparation	Warm

INGREDIENTS

food-grade honeybush 2 g

drinking water 240 mL



Botanical, grain or fruit drink

Illustrative cup image

PREPARATION

1 Pour freshly boiled water over the honeybush and steep for 5 min or as directed on the pack. Strain.

NUTRITION NOTE

Serving size and added ingredients determine the nutrition of the prepared drink.

CAFFEINE & ALLERGENS

Botanical, grain or fruit drink. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source