Palestine

TEA WITH MINT

Regional preparation • 1 adult serving

WATER
See preparation

BREW
See preparation

SERVE
Warm

INGREDIENTS

black tea 2 g

fresh mint 3 leaves

drinking water 240 mL



Contains caffeine

Illustrative cup image

PREPARATION

1 Steep black tea for 3 min, adding rinsed mint for the final minute. Strain into a cup.

NUTRITION NOTE

Serving size and added ingredients determine the nutrition of the prepared drink.

CAFFEINE & ALLERGENS

Contains caffeine. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source

MenuNio Aarti Serai
A Meal To Look Forward To