Palestine

BLACK TEA WITH SAGE

Regional preparation • 1 adult serving

WATER
See preparation

BREW
See preparation

SERVE
Warm

INGREDIENTS

black tea 2 g

food-grade sage 1 small leaf

drinking water 240 mL



Contains caffeine

Illustrative cup image

PREPARATION

1. Steep tea and sage together in just-boiled water for about 3 min. Strain. Use culinary sage from a labelled supplier.

NUTRITION NOTE

Serving size and added ingredients determine the nutrition of the prepared drink.

CAFFEINE & ALLERGENS

Contains caffeine. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source