Japan

ISHIZUCHI KUROCHA

Dark or post-fermented tea • 1 adult serving

WATER
As on pack

BREW
As on pack

SERVE
Warm

INGREDIENTS

Ishizuchi kurocha leaves, as directed on pack

Fresh drinking water · 240 mL



Contains caffeine

Illustrative cup image

PREPARATION

1. Warm your teapot with hot water and empty it.
2. Follow the supplier directions for leaf amount, water temperature and steep time.
3. Strain into a cup. Adjust the next brew to taste.

NUTRITION NOTE

Plain brewed tea contributes to fluid intake and provides little energy when unsweetened.

CAFFEINE & ALLERGENS

Contains caffeine. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source

MenuNio Aarti Serai
A Meal To Look Forward To