Brazil

CHIMARRÃO

Prepared mate drink • 1 adult serving

WATER	BREW	SERVE
See preparation	See preparation	Warm

INGREDIENTS

chimarrão-cut yerba mate as directed on pack

drinking water as needed



Contains caffeine

Illustrative cup image

PREPARATION

1. Use a clean gourd and bombilla. Mound the mate to one side. Wet the low side with cool water, place the bombilla and top up in small pours with warm water as directed on the pack. Let cool to a comfortable sipping temperature.

NUTRITION NOTE

Serving size and added ingredients determine the nutrition of the prepared drink.

CAFFEINE & ALLERGENS

Contains caffeine. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source

MenuNio Aarti Serai
A Meal To Look Forward To