Bahrain

CHAI HALEEB

Regional milk tea • 1 adult serving

WATER
See preparation

BREW
See preparation

SERVE
Warm

INGREDIENTS

black tea 2 g

drinking water 140 mL

pasteurised milk 100 mL

sugar 5 g optional



Contains caffeine

Illustrative cup image

PREPARATION

1 Brew black tea for 3 min, strain and add hot milk. Sweeten to taste. These measures are a simple MenuNio version.

NUTRITION NOTE

Sweetened ingredients can contribute sugars. The amount depends on the product and serving.

CAFFEINE & ALLERGENS

Contains caffeine. Contains milk. Check ingredient labels and substitutions.

SERVING NOTE

For adults. Check supplier directions and serving temperature. For iced drinks, chill promptly and keep cold.

Regional source