Hummus cucumber and carrot sandwich

NZBK-111 · Sandwiches And Filled Rolls · 12 sandwiches

INGREDIENTS



Illustrative serving; not a photographed kitchen test.

24 slices wholemeal bread

375 g hummus

200 g cucumber

180 g grated carrot

90 g washed lettuce

PREPARATION

1. Thinly slice and drain cucumber.

2. Spread bread with hummus, add cucumber, carrot and lettuce, close and cut.

3. Package and refrigerate promptly.

ALLERGEN CHECK

Wheat, sesame. Check hummus and bread.

PRODUCTION NOTES

Quantities are metric; yields are provisional test batches. Temperatures refer to a preheated conventional oven. Confirm fan settings using your oven.

Record usable yield, actual bake time, portion weights, ingredient suppliers and wastage during test batches.

Follow the bakery’s food control plan for cooked fillings, cooling, hot holding, chilled products, shelf-life and display decisions. Use chilled ready-to-eat sandwich fillings; assemble in small lots and record holding times.

Check each ingredient label, substitutions and cross-contact controls before selling or supplying products. Allergen notes are starting points.

Tally ingredient, packaging and labour costs per batch. Divide by saleable yield and apply the business’s overhead and margin assumptions.

Recipe: https://menunio.com/bakery/recipes/nzbk-111-hummus-cucumber-and-carrot-sandwich