Chicken bacon and avocado roll

NZBK-091 · Sandwiches And Filled Rolls · 12 rolls

INGREDIENTS

12 soft wholemeal rolls

480 g cooked chilled chicken

220 g cooked chilled bacon

240 g avocado flesh

20 mL lemon juice

100 g washed lettuce



Illustrative serving; not a photographed kitchen test.

PREPARATION

1. Mash avocado with lemon.

2. Spread on split rolls and add chicken, bacon and lettuce.

3. Pack and refrigerate promptly.

ALLERGEN CHECK

Wheat. Check rolls and bacon.

PRODUCTION NOTES

Quantities are metric; yields are provisional test batches. Temperatures refer to a preheated conventional oven. Confirm fan settings using your oven.

Record usable yield, actual bake time, portion weights, ingredient suppliers and wastage during test batches.

Follow the bakery’s food control plan for cooked fillings, cooling, hot holding, chilled products, shelf-life and display decisions. Use chilled ready-to-eat sandwich fillings; assemble in small lots and record holding times.

Check each ingredient label, substitutions and cross-contact controls before selling or supplying products. Allergen notes are starting points.

Tally ingredient, packaging and labour costs per batch. Divide by saleable yield and apply the business’s overhead and margin assumptions.

Recipe: https://menunio.com/bakery/recipes/nzbk-091-chicken-bacon-and-avocado-roll